



# *Jack Mankin*

## *Batting Analyst & Hitting Coach*

**Too far away for one-on-one lessons from Coach Mankin? No problem!**

**Jack Mankin can improve your hitting by analyzing video of your swing and providing you with a personalized video instruction on CD**

### **Specific Directions**

1. Record your swing in plenty of light with a video camera.
2. Do not record through fences or screens if possible.
3. Tape 5 to 10 good swings from the frontal view (pitchers mound) and across the plate view (looking at the batter's chest).
4. Send your clips to Jack Mankin with one of the following methods:
  - A. Mail your clips: Transfer your clips to a CD, DVD or SD Card and mail to BatSpeed, PO Box 1305, Murrieta, CA 92564
  - B. Email your clips: Attach your clips to an email(s) up to 15mb and email them to batspeed@verizon.net. The following file formats will work: AVI, WMV, DVD/VOB, MPEG

### **What You Will Receive**

- Coach Mankin will use the MotionView software's frame-by-frame analysis, drawing tools, side-by-side comparisons and voice-over capabilities to explain your strong points and those areas that needs further work on a personalized CD that will be mailed to you.

### **Pricing & Ordering**

- \$100 for one Swing Review; \$150 for two (includes shipping)
- Payment options: Mastercard, Visa, check
- To order: contact us at batspeed@verizon.net or (951) 301-5715

***BatSpeed.com***  
*The Leader in Rotational Batting Mechanics*